

## FirstChoice Solutions

FirstChoice provides temporary, long-term, transitional, and live-in adult care solutions in the comfort of your home.

### Our customized solutions include:

- **Personal care:** hygiene assistance, meal preparation, and dressing assistance
- **Domestic support:** light housekeeping, shopping, and errands
- **Companionship:** conversation, activities, and security

### Call us when you need:

- Post-hospitalization/surgery care
- Aging adult support
- Chronic-illness care
- Respite care
- Hospice support
- Live-at-home comfort
- One-on-one care and attention
- Improved quality-of-life and peace-of-mind
- Cost-effective alternatives



[Contact Us Today](#)



**FIRSTCHOICE**  
A Non-Medical Home Care Agency

# Innovative Adult Care Solutions

**in the Comfort of Your Home**

Call to speak to a FirstChoice representative today:

**PHONE:** 410 740 8166

**TOLL FREE:** 888 740 8166

**FAX:** 410 740 4319

30 Corporate Center  
10440 Little Patuxent Pkwy  
Suite 300  
Columbia, MD 21044

[www.fccares.com](http://www.fccares.com)

All caregivers are screened, licensed, bonded, and insured.

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## The FirstChoice Approach

Our approach to adult care solutions centers around 3 key components:



### Your needs and preferences

We begin with a face-to-face meeting with you and your loved-ones to gain a clear, forward-thinking understanding of your needs and preferences.

### Our services and products

Then we create a customized plan of care by matching your needs and expectations with our services and products.

### Caregiver experience and qualities

Finally, we select the best caregiver using our matching process that fits your plan of care with a FirstChoice caregiver's experience and qualities. You then meet the caregiver and decide if you're happy with the match before service begins.

## The FirstChoice Promise

We promise to work hard—so you don't have to—and make every effort to strengthen and nurture our relationship with you, through:

### Carefully selected caregivers

We've developed superior screening and matching processes to provide you with the best and most reliable caregiver for your needs and preferences. Once your caregiver is placed, we monitor and evaluate his or her performance to ensure a good match.

### A detailed plan of care

In addition to routine items, our plan of care captures the small details that can make all the difference in making someone's day, such as eating habits, special needs, and likes and dislikes.

### Continual communication

We understand that communication is critical to building and maintaining a great relationship. We promise to stay in touch with you and your caregiver to ensure your satisfaction.

### An entrepreneurial spirit

We approach your current and future needs with an entrepreneurial spirit, thinking proactively and outside-the-box to come up with innovative and affordable adult care solutions.

## About FirstChoice

FirstChoice understands the challenges families face in balancing work/life demands. When we or our adult loved ones face health limitations—temporary or long-term—that balance seems to slip further away. FirstChoice helps to regain that balance and peace-of-mind through personalized adult care solutions.

Whether you need **personal care, domestic support, or companionship**, we partner with you, your family, and your medical/social service providers to fill the non-medical gaps in your support. Let us simplify and balance your life with our adult care solutions, provided in the comfort and privacy of your home.